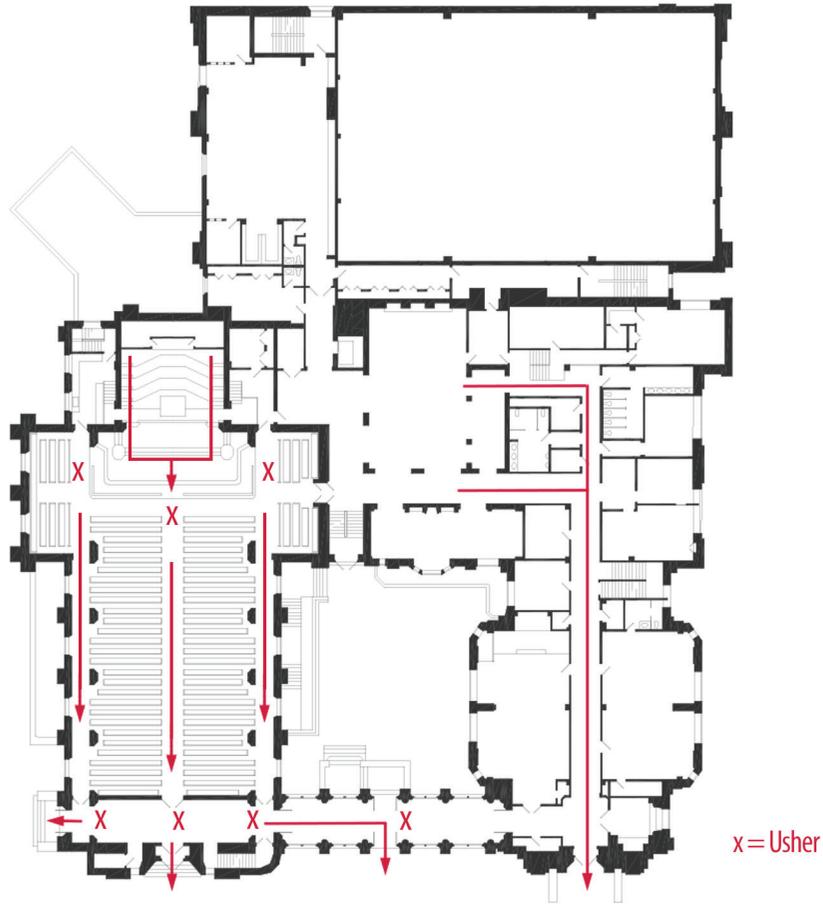


Church Wide Fire Drill

TODAY during both services



We are conducting our first Sunday fire drill TODAY before each worship service ends. When the alarm sounds, everyone must leave the building immediately.

- ◆ Ushers will be wearing bright vests and will direct everyone to the closest emergency exits.
- ◆ Follow the arrows on the map above based on where you are sitting.
- ◆ Gather in the parking lot along Elliston Place.
- ◆ Wait for the “all clear” before leaving or returning to the building.

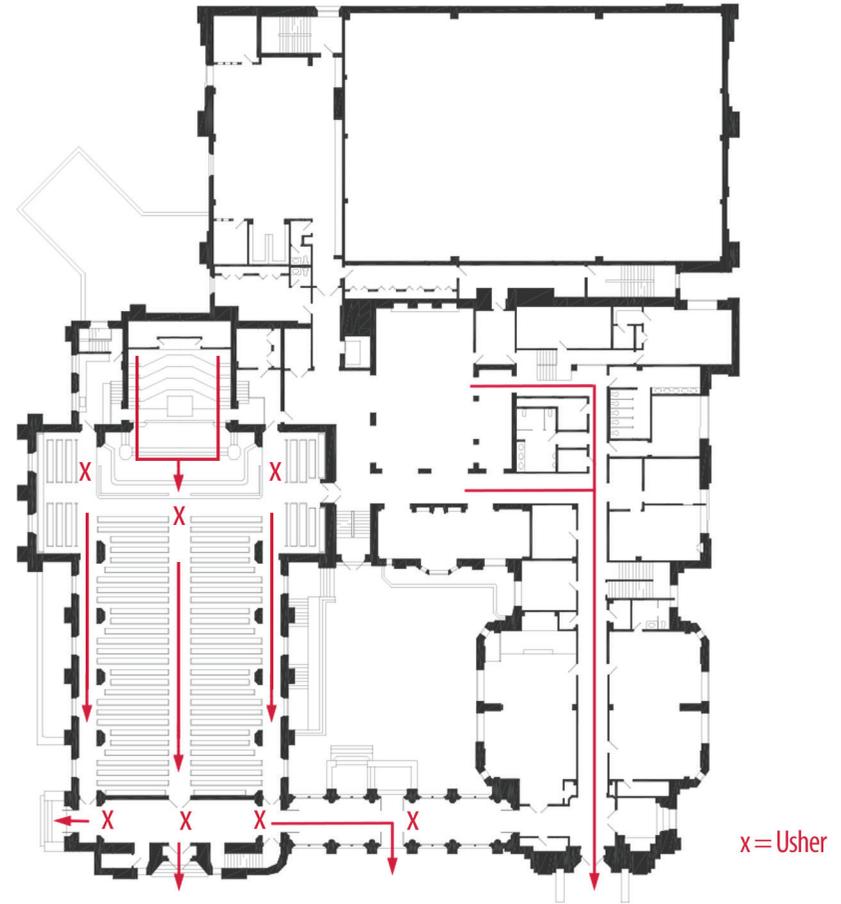
Childcare - Children in the nursery and childcare will be evacuated from the First Floor classrooms during the fire drill. They will exit the building with their classes and then gather on the Louise Ave. side of the back parking lot in the grassy area.

- ◆ Parents may NOT sign their children out of childcare during the fire drill until the official “all clear” has been given.
- ◆ Parents may not drop off children for Sunday School before the fire drill is complete; children in childcare during the early service will still be taken to their Sunday School classes as usual following the fire drill.

Thank you so much for your participation. This drill will help us to be prepared in case of a true emergency.

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Wednesday Night Classes

Growing In Mind, Body and Spirit

Wednesday nights are for more than fellowship. Join us for a variety of spiritual formation opportunities each week. Classes have been expanded this year to include options before and after dinner. Childcare is only available for classes starting after 5:30 p.m. Late fall offerings include:

I'll Have It God's Way: A Christian's Guide for Dying Well, with Hattie Bryant

October 16-November 20 ♦ 3:30-5 p.m. ♦ Room 310

Join our own Rev. James Sewell and instructor Hattie Bryant as you learn how to plan well for end of life decisions. This 6-week series is ideal for older adults, as well as adult children of aging parents and family caregivers. Reduce stress and take the guesswork out of dealing with the complexities of modern medicine. Use this tool to lift a burden off of yourself and your family. Create instructions that guide you to prayerfully engage healthcare on your own terms with help from your family, friends, physicians and pastors. A registration fee of \$10 helps offset the cost of the study materials. Register by October 13 at westendumc.org/godsway.

Beginner Homeless Outreach Training with Open Table Nashville

October 16 and October 23 ♦ 6:15-7:15 p.m. ♦ McWhirter Hall

Join Lindsey Krinks, Education and Street Chaplaincy Coordinator for Open Table Nashville, and you learn how to be a better advocate for those experiencing homelessness. If you have a little volunteer experience under your belt or are hoping to get more experience in the realm of homeless outreach, this training is for you. The Beginner training will cover the basics of how to better understand the complexities of both the personal and systemic aspects of homelessness, how to approach and engage in outreach, how to navigate the resources in Nashville, and how to cultivate reflective listening skills and healthy boundaries. This training is co-sponsored by the WEUMC Covenant Discipleship groups and Missions and Outreach Ministries. Register by October 13 at westendumc.org/homelessoutreach.

God Can't: A Book Study with Pastor Brandon

October 16 – November 20 ♦ 6:15-7:15 p.m. ♦ Room 318

Join Pastor Brandon for an in-depth exploration of Nazarene/Wesleyan theologian Thomas Jay Oord's recent book, *God Can't: How to Believe in God and Love After Tragedy, Abuse, and Other Evils*. How do we make sense of the co-existence of God and all sorts of evils and hurt in our lives? Oord suggests the answer lies beyond our misunderstanding of God as an all-controlling force. But what would it mean to discover that God is uncontrolling. Oord says, "A God who causes or allows evil is not someone we can trust... We can trust the God of uncontrolling love." Join us as we discover God's love anew through Oord's compelling work. A registration fee of \$15 covers the cost of the book. Register by October 13 at westendumc.org/godcant.

Light of the World: A Beginner's Guide to Advent with Katie Minnis

November 6 – December 2 ♦ 6:15-7:15 p.m. ♦ Room 317

Join Katie Minnis, Spiritual Formation Intern, as you get a head start on the advent season with this new 4-week study. In *Light of the World: A Beginner's Guide to Advent*, author, professor, and biblical scholar Amy-Jill Levine explores the biblical texts surrounding the story of the birth of Jesus. Join her as she traces the Christmas narrative through the stories of Zechariah and Elizabeth, Mary, the journey to Bethlehem, and the visit from the Magi. A registration fee of \$15 covers the cost of the book. Register by November 3 at westendumc.org/light.

Tai Chi with Tom Turnbull

Weekly ♦ 6-7 p.m. ♦ Gym

Join West End member Tom Turnbull as he guides participants in weekly Tai Chi sessions. Tom will help participants learn basic movements and techniques of this ancient Chinese practice. Tai Chi is a wonderful combination of low-impact exercise and meditative focus. This class is suitable for persons of all ages. Tai Chi meets each Wednesday night at 6 p.m. in the gym and is open to all comers. No registration necessary.

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