



Welcome to West End UMC

January 26, 2020

A Warm Welcome to West End

Welcome to West End United Methodist Church! We seek to be the loving light of Christ in Nashville and beyond. We gather as the people of God with a wide range of religious backgrounds, education levels, political and theological perspectives, and we value that diversity. We welcome and celebrate the gifts God has given to all without regard to gender, race, sexual orientation, economic or family status, ethnicity, or mental or physical ability. We believe God loves everyone unconditionally!

Whether you are searching for a spiritual home, or just visiting with family and friends, we hope that your heart will be uplifted today. Please take a moment to fill out the attendance pad as it is passed down the aisle, so we can have a record of your presence with us today.

Becoming A Part Of West End - New Member Sunday is usually the fourth Sunday of each month. If you would like to join West End, please indicate your desire by checking interested in membership on the attendance pad.

Finding A Sunday Morning Class - We have Sunday Morning Classes at West End for all ages. To find a class that's right for you, visit the Welcome Center in Reed Hall or check out a listing of adult classes online at westendumc.org/smc.

Ways To Give - West End UMC depends on your generous gifts to continue to take part in God's work in this community and around the world. There are several ways to give at West End in addition to the offering plate that is passed during our service.

- ♦ Online at westendumc.org/give
- ♦ Text "Give" to 615-697-4010 to set up text giving

Author, Teacher, and Enneagram Expert Suzanne Stabile at West End UMC in February

The Spiritual Formation Team at West End UMC is pleased to welcome Suzanne Stabile and her husband Joe, a UMC pastor, for a weekend workshop, "Enneagram and Spirituality." Join Suzanne on the evening of February 28 and all day on February 29 for a deep examination of how the Enneagram, a form of spiritual personality typing, can enrich your inward spiritual journey. Early bird rate has ended but West End will continue to subsidize a limited number of tickets at \$70. See the Welcome Center for the discount code, or e-mail Brandon Baxter at bbaxter@westendumc.org. Please note, onsite childcare will not be available. Register now to guarantee your spot. This event is open to the public. lifeinthetrinityministry.com/ltn-events/2020nashville

Join The Way Forward Team

The Way Forward Team is a group of people who are advocating for full membership for LGBTQIA+ people in the United Methodist Church, We are gathering at 12:30 pm in Room 310 on February 16 to plan support and prayer activities leading up to the General Conference in May. Those who are interested in attending and/or joining should contact Bryan Roberson at bryan@bryanroberson.com or Anita Schmid at anitaschmid350@gmail.com to sign up for lunch.

Sunny Day Volunteers Needed

The Sunny Day Club is a respite ministry for people in the early stages of memory loss. Each Monday from 11 a.m. - 2 p.m. in McWhirter Hall, members and volunteers meet together for social interaction, stimulation, and friendship in a caring and safe environment. This also allows family caregivers a few precious hours to run errands, have lunch with a friend, or take a much-needed nap. Volunteers are needed to help with this important ministry. No experience is needed, but a background check is required. For more information or to volunteer, please contact Rev. Erin Racine at eracine@westendumc.org or 615.321.8500, x8838.

Invitation to Join Clark Memorial UMC

Clark Memorial UMC will be dedicating the official historical marker celebrating Clark's participation in the sit-ins and civil rights activities of the fifties and sixties on February 9th. West End UMC has been invited to join them in worship at 10 a.m. and then stay afterwards for lunch at 12 p.m. and the 1 p.m. dedication of the marker. After that, we will watch the NBC White Paper documentary on the Nashville Sit-Ins. Feel free to come to any or all events. Please email Stacey with any questions or to RSVP at sharwelldye@westendumc.org.

West End Hiring Administrative Assistant

West End UMC is seeking a part-time administrative assistant. If you are interested, please submit an online application at westendumc.org/job-application. Please contact Melanie Paulson if you have any questions at mpaulson@westendumc.org or 615.321.8500 x 8825.

Creation Justice Tip

When you gather your receipts and other information to do your taxes, you will also have in front of you what you need to calculate your carbon footprint. Find and fill out a carbon footprint calculator from the internet. What you learn will give you a baseline and incentive to tread more lightly.



Welcome to West End UMC

January 26, 2020

A Warm Welcome to West End

Welcome to West End United Methodist Church! We seek to be the loving light of Christ in Nashville and beyond. We gather as the people of God with a wide range of religious backgrounds, education levels, political and theological perspectives, and we value that diversity. We welcome and celebrate the gifts God has given to all without regard to gender, race, sexual orientation, economic or family status, ethnicity, or mental or physical ability. We believe God loves everyone unconditionally!

Whether you are searching for a spiritual home, or just visiting with family and friends, we hope that your heart will be uplifted today. Please take a moment to fill out the attendance pad as it is passed down the aisle, so we can have a record of your presence with us today.

Becoming A Part Of West End - New Member Sunday is usually the fourth Sunday of each month. If you would like to join West End, please indicate your desire by checking interested in membership on the attendance pad.

Finding A Sunday Morning Class - We have Sunday Morning Classes at West End for all ages. To find a class that's right for you, visit the Welcome Center in Reed Hall or check out a listing of adult classes online at westendumc.org/smc.

Ways To Give - West End UMC depends on your generous gifts to continue to take part in God's work in this community and around the world. There are several ways to give at West End in addition to the offering plate that is passed during our service.

- ♦ Online at westendumc.org/give
- ♦ Text "Give" to 615-697-4010 to set up text giving

Author, Teacher, and Enneagram Expert Suzanne Stabile at West End UMC in February

The Spiritual Formation Team at West End UMC is pleased to welcome Suzanne Stabile and her husband Joe, a UMC pastor, for a weekend workshop, "Enneagram and Spirituality." Join Suzanne on the evening of February 28 and all day on February 29 for a deep examination of how the Enneagram, a form of spiritual personality typing, can enrich your inward spiritual journey. Early bird rate has ended but West End will continue to subsidize a limited number of tickets at \$70. See the Welcome Center for the discount code, or e-mail Brandon Baxter at bbaxter@westendumc.org. Please note, onsite childcare will not be available. Register now to guarantee your spot. This event is open to the public. lifeinthetrinityministry.com/ltn-events/2020nashville

Join The Way Forward Team

The Way Forward Team is a group of people who are advocating for full membership for LGBTQIA+ people in the United Methodist Church, We are gathering at 12:30 pm in Room 310 on February 16 to plan support and prayer activities leading up to the General Conference in May. Those who are interested in attending and/or joining should contact Bryan Roberson at bryan@bryanroberson.com or Anita Schmid at anitaschmid350@gmail.com to sign up for lunch.

Sunny Day Volunteers Needed

The Sunny Day Club is a respite ministry for people in the early stages of memory loss. Each Monday from 11 a.m. - 2 p.m. in McWhirter Hall, members and volunteers meet together for social interaction, stimulation, and friendship in a caring and safe environment. This also allows family caregivers a few precious hours to run errands, have lunch with a friend, or take a much-needed nap. Volunteers are needed to help with this important ministry. No experience is needed, but a background check is required. For more information or to volunteer, please contact Rev. Erin Racine at eracine@westendumc.org or 615.321.8500, x8838.

Invitation to Join Clark Memorial UMC

Clark Memorial UMC will be dedicating the official historical marker celebrating Clark's participation in the sit-ins and civil rights activities of the fifties and sixties on February 9th. West End UMC has been invited to join them in worship at 10 a.m. and then stay afterwards for lunch at 12 p.m. and the 1 p.m. dedication of the marker. After that, we will watch the NBC White Paper documentary on the Nashville Sit-Ins. Feel free to come to any or all events. Please email Stacey with any questions or to RSVP at sharwelldye@westendumc.org.

West End Hiring Administrative Assistant

West End UMC is seeking a part-time administrative assistant. If you are interested, please submit an online application at westendumc.org/job-application. Please contact Melanie Paulson if you have any questions at mpaulson@westendumc.org or 615.321.8500 x 8825.

Creation Justice Tip

When you gather your receipts and other information to do your taxes, you will also have in front of you what you need to calculate your carbon footprint. Find and fill out a carbon footprint calculator from the internet. What you learn will give you a baseline and incentive to tread more lightly.



Welcome to West End UMC

January 26, 2020

A Warm Welcome to West End

Welcome to West End United Methodist Church! We seek to be the loving light of Christ in Nashville and beyond. We gather as the people of God with a wide range of religious backgrounds, education levels, political and theological perspectives, and we value that diversity. We welcome and celebrate the gifts God has given to all without regard to gender, race, sexual orientation, economic or family status, ethnicity, or mental or physical ability. We believe God loves everyone unconditionally!

Whether you are searching for a spiritual home, or just visiting with family and friends, we hope that your heart will be uplifted today. Please take a moment to fill out the attendance pad as it is passed down the aisle, so we can have a record of your presence with us today.

Becoming A Part Of West End - New Member Sunday is usually the fourth Sunday of each month. If you would like to join West End, please indicate your desire by checking interested in membership on the attendance pad.

Finding A Sunday Morning Class - We have Sunday Morning Classes at West End for all ages. To find a class that's right for you, visit the Welcome Center in Reed Hall or check out a listing of adult classes online at westendumc.org/smc.

Ways To Give - West End UMC depends on your generous gifts to continue to take part in God's work in this community and around the world. There are several ways to give at West End in addition to the offering plate that is passed during our service.

- ♦ Online at westendumc.org/give
- ♦ Text "Give" to 615-697-4010 to set up text giving

Author, Teacher, and Enneagram Expert Suzanne Stabile at West End UMC in February

The Spiritual Formation Team at West End UMC is pleased to welcome Suzanne Stabile and her husband Joe, a UMC pastor, for a weekend workshop, "Enneagram and Spirituality." Join Suzanne on the evening of February 28 and all day on February 29 for a deep examination of how the Enneagram, a form of spiritual personality typing, can enrich your inward spiritual journey. Early bird rate has ended but West End will continue to subsidize a limited number of tickets at \$70. See the Welcome Center for the discount code, or e-mail Brandon Baxter at bbaxter@westendumc.org. Please note, onsite childcare will not be available. Register now to guarantee your spot. This event is open to the public. lifeinthetrinityministry.com/ltn-events/2020nashville

Join The Way Forward Team

The Way Forward Team is a group of people who are advocating for full membership for LGBTQIA+ people in the United Methodist Church, We are gathering at 12:30 pm in Room 310 on February 16 to plan support and prayer activities leading up to the General Conference in May. Those who are interested in attending and/or joining should contact Bryan Roberson at bryan@bryanroberson.com or Anita Schmid at anitaschmid350@gmail.com to sign up for lunch.

Sunny Day Volunteers Needed

The Sunny Day Club is a respite ministry for people in the early stages of memory loss. Each Monday from 11 a.m. - 2 p.m. in McWhirter Hall, members and volunteers meet together for social interaction, stimulation, and friendship in a caring and safe environment. This also allows family caregivers a few precious hours to run errands, have lunch with a friend, or take a much-needed nap. Volunteers are needed to help with this important ministry. No experience is needed, but a background check is required. For more information or to volunteer, please contact Rev. Erin Racine at eracine@westendumc.org or 615.321.8500, x8838.

Invitation to Join Clark Memorial UMC

Clark Memorial UMC will be dedicating the official historical marker celebrating Clark's participation in the sit-ins and civil rights activities of the fifties and sixties on February 9th. West End UMC has been invited to join them in worship at 10 a.m. and then stay afterwards for lunch at 12 p.m. and the 1 p.m. dedication of the marker. After that, we will watch the NBC White Paper documentary on the Nashville Sit-Ins. Feel free to come to any or all events. Please email Stacey with any questions or to RSVP at sharwelldye@westendumc.org.

West End Hiring Administrative Assistant

West End UMC is seeking a part-time administrative assistant. If you are interested, please submit an online application at westendumc.org/job-application. Please contact Melanie Paulson if you have any questions at mpaulson@westendumc.org or 615.321.8500 x 8825.

Creation Justice Tip

When you gather your receipts and other information to do your taxes, you will also have in front of you what you need to calculate your carbon footprint. Find and fill out a carbon footprint calculator from the internet. What you learn will give you a baseline and incentive to tread more lightly.

Join Us for Wednesday Night Dinners

Join us each week for Wednesday Night Dinner, served from 5:15-6:15 p.m. in McWhirter Hall and catered by Barley to Rise. Meals are \$10 for adults and \$5 for children (ages 3-10). First child eats free with 2 adults present and a family maximum of \$30. Please RSVP for dinner each week by noon on Monday. Trouble remembering to RSVP each week? Sign up for a standing reservation and then simply let us know when you cannot be there. Payment can be made online or at the door. RSVP by visiting *westendumc.org/rsvp*. The menu for January 29 is chipotle vinegar slaw, flour and corn tortillas, and Carnitas. The vegetarian option is fried avocado. For the kids we will have cheese quesadillas.

New on Wednesday Nights - Creation Justice Series

Raging fires, scorching droughts, looming sea rise, increasing extinctions! God’s creation is suffering. It’s overwhelming, especially when people with power fail to care or act. But WE CAN! West End can respond to God’s call! WE CAN be faithful caretakers of the earth! Our Creation Justice series focuses on what WE CAN do as individuals, families, congregation, and denomination. Join us!

- ♦ February 5—Food for Thought—And Action!
- ♦ February 12 and 19—Erase the Waste, Part 1 & 2 (including plastic)
- ♦ March 5—The Problem of Carbon. A Christian Response
- ♦ March 12—Gardening for All Our Children

Meet in McWhirter Hall. Sessions 6:15–7:15 p.m. Dinner at 5:15 p.m. (optional; RSVP required). Register for this class at *westendumc.org/creationjustice*.

Multimedia Team Looking For Volunteers

Want to learn about how West End broadcasts its events online? Interested in learning how to run cameras? Curious to know what all the buttons in the Control Room do? Well, the West End Multimedia Team is currently looking for volunteers for all positions, and no previous multimedia experience is required. Whether you want to know how to run sound, operate cameras, run lights, or just be a part of the team, there’s something for everyone! For more information, contact Chase Bencin at *cbencin@westendumc.org*.

Yoga With Abigail Redman

West End UMC hosts yoga classes three days a week in Room 322 with instructor Abigail Redman. Classes are free but you may make donations to the instructor to help support this ministry. Come as you wish. Start 2020 off right with any of the following classes:

- Mondays ♦ 5:30-7 p.m. ♦ Vinyasa Yoga (Intermediate) ♦ Suggested donation: \$10-\$20
- Tuesdays ♦ 5:30-6:15 p.m. ♦ Gentle Yoga (Beginner friendly) ♦ Suggested donation: \$7-\$15
- Thursdays ♦ 5:30-6:30 p.m. ♦ Slow Flow Yoga (Beginner friendly) ♦ Suggested donation: \$7-\$15

Automated External Defibrillator

Did you know that the church has an AED (Automated External Defibrillator) unit? It’s located in the Minister’s Robing Room off of the east side (pulpit side) of the choir loft through the door next to the metal cabinet. The AED unit is mounted to the wall straight ahead as you walk through the door. The unit is very user friendly and ready to go in case there is a medical emergency and you happen to be the first responder.

Join Us For College Lunch

All College Students, join us for a free meal every Sunday after the late service when school is in session. We meet in Reed Hall directly after the service and walk/drive to a location in the area for food and community. Reach out to Nancy for more info at *nparker@westendumc.org*.

Prayer Requests and Concerns

Dot Byassee
David Kinnard
Skip Malone
Barbara Cragg
Price Taylor
The Family of Carolyn Driver

At home and around the world:

The United Methodist Church
President Donald Trump and other world leaders
Financial concerns and the unemployed
The hungry and homeless
The violence in the Middle East
The climate crisis
Military and diplomatic personnel currently deployed
For those who seek refuge, asylum, shelter, food and acceptance and for those who exclude them
The victims of terrorism and random violence
Those affected by storms and other natural disasters
H. G. Hill Middle School

Join Us for Wednesday Night Dinners

Join us each week for Wednesday Night Dinner, served from 5:15-6:15 p.m. in McWhirter Hall and catered by Barley to Rise. Meals are \$10 for adults and \$5 for children (ages 3-10). First child eats free with 2 adults present and a family maximum of \$30. Please RSVP for dinner each week by noon on Monday. Trouble remembering to RSVP each week? Sign up for a standing reservation and then simply let us know when you cannot be there. Payment can be made online or at the door. RSVP by visiting *westendumc.org/rsvp*. The menu for January 29 is chipotle vinegar slaw, flour and corn tortillas, and Carnitas. The vegetarian option is fried avocado. For the kids we will have cheese quesadillas.

New on Wednesday Nights - Creation Justice Series

Raging fires, scorching droughts, looming sea rise, increasing extinctions! God’s creation is suffering. It’s overwhelming, especially when people with power fail to care or act. But WE CAN! West End can respond to God’s call! WE CAN be faithful caretakers of the earth! Our Creation Justice series focuses on what WE CAN do as individuals, families, congregation, and denomination. Join us!

- ♦ February 5—Food for Thought—And Action!
- ♦ February 12 and 19—Erase the Waste, Part 1 & 2 (including plastic)
- ♦ March 5—The Problem of Carbon. A Christian Response
- ♦ March 12—Gardening for All Our Children

Meet in McWhirter Hall. Sessions 6:15–7:15 p.m. Dinner at 5:15 p.m. (optional; RSVP required). Register for this class at *westendumc.org/creationjustice*.

Multimedia Team Looking For Volunteers

Want to learn about how West End broadcasts its events online? Interested in learning how to run cameras? Curious to know what all the buttons in the Control Room do? Well, the West End Multimedia Team is currently looking for volunteers for all positions, and no previous multimedia experience is required. Whether you want to know how to run sound, operate cameras, run lights, or just be a part of the team, there’s something for everyone! For more information, contact Chase Bencin at *cbencin@westendumc.org*.

Yoga With Abigail Redman

West End UMC hosts yoga classes three days a week in Room 322 with instructor Abigail Redman. Classes are free but you may make donations to the instructor to help support this ministry. Come as you wish. Start 2020 off right with any of the following classes:

- Mondays ♦ 5:30-7 p.m. ♦ Vinyasa Yoga (Intermediate) ♦ Suggested donation: \$10-\$20
- Tuesdays ♦ 5:30-6:15 p.m. ♦ Gentle Yoga (Beginner friendly) ♦ Suggested donation: \$7-\$15
- Thursdays ♦ 5:30-6:30 p.m. ♦ Slow Flow Yoga (Beginner friendly) ♦ Suggested donation: \$7-\$15

Automated External Defibrillator

Did you know that the church has an AED (Automated External Defibrillator) unit? It’s located in the Minister’s Robing Room off of the east side (pulpit side) of the choir loft through the door next to the metal cabinet. The AED unit is mounted to the wall straight ahead as you walk through the door. The unit is very user friendly and ready to go in case there is a medical emergency and you happen to be the first responder.

Join Us For College Lunch

All College Students, join us for a free meal every Sunday after the late service when school is in session. We meet in Reed Hall directly after the service and walk/drive to a location in the area for food and community. Reach out to Nancy for more info at *nparker@westendumc.org*.

Prayer Requests and Concerns

Dot Byassee
David Kinnard
Skip Malone
Barbara Cragg
Price Taylor
The Family of Carolyn Driver

At home and around the world:

The United Methodist Church
President Donald Trump and other world leaders
Financial concerns and the unemployed
The hungry and homeless
The violence in the Middle East
The climate crisis
Military and diplomatic personnel currently deployed
For those who seek refuge, asylum, shelter, food and acceptance and for those who exclude them
The victims of terrorism and random violence
Those affected by storms and other natural disasters
H. G. Hill Middle School

Join Us for Wednesday Night Dinners

Join us each week for Wednesday Night Dinner, served from 5:15-6:15 p.m. in McWhirter Hall and catered by Barley to Rise. Meals are \$10 for adults and \$5 for children (ages 3-10). First child eats free with 2 adults present and a family maximum of \$30. Please RSVP for dinner each week by noon on Monday. Trouble remembering to RSVP each week? Sign up for a standing reservation and then simply let us know when you cannot be there. Payment can be made online or at the door. RSVP by visiting *westendumc.org/rsvp*. The menu for January 29 is chipotle vinegar slaw, flour and corn tortillas, and Carnitas. The vegetarian option is fried avocado. For the kids we will have cheese quesadillas.

New on Wednesday Nights - Creation Justice Series

Raging fires, scorching droughts, looming sea rise, increasing extinctions! God’s creation is suffering. It’s overwhelming, especially when people with power fail to care or act. But WE CAN! West End can respond to God’s call! WE CAN be faithful caretakers of the earth! Our Creation Justice series focuses on what WE CAN do as individuals, families, congregation, and denomination. Join us!

- ♦ February 5—Food for Thought—And Action!
- ♦ February 12 and 19—Erase the Waste, Part 1 & 2 (including plastic)
- ♦ March 5—The Problem of Carbon. A Christian Response
- ♦ March 12—Gardening for All Our Children

Meet in McWhirter Hall. Sessions 6:15–7:15 p.m. Dinner at 5:15 p.m. (optional; RSVP required). Register for this class at *westendumc.org/creationjustice*.

Multimedia Team Looking For Volunteers

Want to learn about how West End broadcasts its events online? Interested in learning how to run cameras? Curious to know what all the buttons in the Control Room do? Well, the West End Multimedia Team is currently looking for volunteers for all positions, and no previous multimedia experience is required. Whether you want to know how to run sound, operate cameras, run lights, or just be a part of the team, there’s something for everyone! For more information, contact Chase Bencin at *cbencin@westendumc.org*.

Yoga With Abigail Redman

West End UMC hosts yoga classes three days a week in Room 322 with instructor Abigail Redman. Classes are free but you may make donations to the instructor to help support this ministry. Come as you wish. Start 2020 off right with any of the following classes:

- Mondays ♦ 5:30-7 p.m. ♦ Vinyasa Yoga (Intermediate) ♦ Suggested donation: \$10-\$20
- Tuesdays ♦ 5:30-6:15 p.m. ♦ Gentle Yoga (Beginner friendly) ♦ Suggested donation: \$7-\$15
- Thursdays ♦ 5:30-6:30 p.m. ♦ Slow Flow Yoga (Beginner friendly) ♦ Suggested donation: \$7-\$15

Automated External Defibrillator

Did you know that the church has an AED (Automated External Defibrillator) unit? It’s located in the Minister’s Robing Room off of the east side (pulpit side) of the choir loft through the door next to the metal cabinet. The AED unit is mounted to the wall straight ahead as you walk through the door. The unit is very user friendly and ready to go in case there is a medical emergency and you happen to be the first responder.

Join Us For College Lunch

All College Students, join us for a free meal every Sunday after the late service when school is in session. We meet in Reed Hall directly after the service and walk/drive to a location in the area for food and community. Reach out to Nancy for more info at *nparker@westendumc.org*.

Prayer Requests and Concerns

Dot Byassee
David Kinnard
Skip Malone
Barbara Cragg
Price Taylor
The Family of Carolyn Driver

At home and around the world:

The United Methodist Church
President Donald Trump and other world leaders
Financial concerns and the unemployed
The hungry and homeless
The violence in the Middle East
The climate crisis
Military and diplomatic personnel currently deployed
For those who seek refuge, asylum, shelter, food and acceptance and for those who exclude them
The victims of terrorism and random violence
Those affected by storms and other natural disasters
H. G. Hill Middle School